

4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c

Milk-8oz

March

2025 6-12





Additionally, ingredient and nutritional

information is available upon request



Students Receive

Free Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday | Menu Subject to Change |
|---|---|---|---|--|--|
| Cap't "In." Me Muffin Top | 4 Plot "Iwist" Fresh Cinnemon Roll | 5 "Magnify" Healthy Esting Sausage, Egg and Cheese | | NO SCHOOL | NYS LOCAL FOODS *Upstate Farms Milk, Yogurt, Sour Cream |
| | with Icing | Bagel | Healthalicious Steak, Egg and Cheese Pizza | SUPERINTENDENT'S CONFERENCE DAY | Preston Farms Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables used in Meal Program |
| 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | | | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | | highlighted in green |
| 10 Croissant Breakfast Sandwich w/Sausage | 11 Bagel Breakfast Sandwich w/Sausage | 12 Croissant Breakfast Sandwich w/Sausage | 13 Bagel Breakfast Sandwich w/Sausage | 14 Croissant Breakfast Sandwich w/Sausage | Breakfast Options Daily *Assorted Cereal |
| 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | *Bagel w/Cream Cheese or Butter *Assorted Muffins w/4oz Yogurt |
| 17 Bagel Breakfast Sandwich w/Sausage | 18 Croissant Breakfast Sandwich w/Sausage | 19 Bagel Breakfast Sandwich w/Sausage | 20 Croissant Breakfast Sandwich w/Sausage | 21 Bagel Breakfast Sandwich w/Sausage | *Fruit & Yogurt Parfaits w/Flatbread or Granola *Breakfast Pizza |
| 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | | | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | *Breakfast Wraps |
| 24 Croissant Breakfast Sandwich w/Sausage | 25 Bagel Breakfast Sandwich w/Sausage | 26 Croissant Breakfast Sandwich w/Sausage | 27 Bagel Breakfast Sandwich w/Sausage | 28 Croissant Breakfast Sandwich w/Sausage | Offered with all Breakfasts *Whole Grain (WG) Entrees |
| 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | | | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | *Daily Selection of Fresh or Prepared Fruit 100% juice -1/2 cup may take up to 1 cup |
| 31 Bagel Breakfast Sandwich w/Sausage | S(d. (010) | R MEALS ONLINE choolBucks.com | | ur Son or Daughter has a particular food y, please contact the school nurse and the | *NY State Non-Fat or 1% White Milk 8oz |
| Anz Asserted Juice Cup 1/2c | | | food s | service office @ vera.spurrier@lscsd.org. | 9 |